



Trinidad Independent School District
Food & Nutrition Services
903-778-2673

Lunch Menu

Lunch Menu

Every meal includes one choice of milk.

For lunch to qualify as a reimbursable meal a student must choose at least 3 of the 5 food items offered; one MUST be at least a ½ cup fruit or ½ cup vegetable.

Menus subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty on Bun Cooked Broccoli Seasoned Carrots Fresh Fruit Diced Peaches Choice of Milk	Tex-Mex-Stack Refried Beans Salad Mix/Crackers Salsa Applesauce Fresh Fruit Choice of Milk	Steak Patty on Bun Spinach Seasoned Corn Sliced Peaches Fresh Fruit Choice of Milk	Pepperoni Pizza Salad w/Grape Tomatoes Green Beans Tropical Fruit Fresh Fruit Choice of Milk	Cheese Burger HB Salad Sweet Potatoes Fries Baked Beans Frz Side Kick Fruit Cup Fresh Fruit Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Bean & Cheese Burrito Seasoned Corn Charro Beans Mixed Fruit Fresh Fruit Choice of Milk	Corn Dog Sweet Potato Fries Pork & Beans Fresh Fruit Mandarin Oranges Choice of Milk	Chicken Spaghetti Salad Green Beans Fresh Fruit Mixed Fruit Garlic Bread Choice of Milk	Chicken Tenders w/ Gravy & Roll Mashed Potatoes Seasoned Peas Pineapple Tidbits Fresh Fruit Choice of Milk	Cheese Burger HB Salad Tater Tots Fresh Broccoli Frz Side Kick Fruit Cup Fresh Fruit Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fried Steak w/ Roll Mashed Potatoes & Gravy Green Beans Fresh Fruit Sliced Peaches Choice of Milk	Salisbury Steak w/Brown Rice Spinach Carrots Sliced Peaches Fresh Fruit Bread Choice of Milk	Bean & Cheese Burrito Seasoned Corn Salad Applesauce Fresh Fruit Choice of Milk	Chopped BBQ on Bun Sweet Potato Wedges Baked Beans Fresh Fruit Tropical Fruit Choice of Milk	Pepperoni Pizza Cucumbers Seasoned Corn Frz Side Kick Fruit Cup Fresh Fruit Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Quesadillas Pinto Beans Pepper & Onions w/ Salsa Pineapple Tidbits Fresh Fruit Choice of Milk	Pepperoni Pizza Seasoned Corn Salad Fresh Fruit Diced Pears Choice of Milk	Spaghetti Green Beans Tossed Salad Fresh Fruit Mixed Fruit Choice of Milk	Steak Fingers w/ Gravy Mashed Potatoes English Peas Fresh Fruit Tropical Fruit Bread Choice of Milk	Fish Strips w/ Bread Potato Smiles Baby Carrots Frz Side Kick Fruit Cup Fresh Fruit Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Beef Enchiladas Cherry Tomatoes Refried Beans Fresh Fruit Diced Pears Choice of Milk	Teriyaki Chicken Bowl Brown Rice Oriental Veggies Baby Lima Beans Fresh Fruit Sliced Peaches Choice of Milk	Cheese Pizza Seasoned Corn Broccoli Bites Fresh Fruit Mixed Fruit Choice of Milk	Chicken Patty w/ Gravy & Roll Baby Bakers Salad Fresh Fruit Diced Peaches Choice of Milk	Hamburger HB Salad Potato Smiles Broccoli Bites Frz Side Kick Fruit Cup Fresh Fruit Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Parmesan Salad Cauliflower Fresh Fruit Sliced Apples Garlic Bread Choice of Milk	Beef Nachos Charro Beans Broccoli Bites Spanish Rice Fresh Fruit Pineapple Chunks Choice of Milk	Steak Patty on Bun Black Eyed Peas Baby Carrots Peach Cup Fresh Fruit Choice of Milk	BBQ Stuffed Potato Broccoli w/ Cheese Celery Sticks Fresh Fruit Diced Peaches Choice of Milk	Hamburger HB Salad French Fries Baby Carrots Frz Side Kick Fruit Cup Fresh Fruit Choice of Milk

Meal Pricing:

Student Full Price 2nd Meal: \$2.50 Staff/Visitor Lunch: \$3.50/\$3.75

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

I onli
vide
comp