



Trinidad Child Nutrition Services
 School Year 2018-2019
 Grades Pre K-8
 Food Based Menu Planning
 Offer vs. Serve

Every meal includes one choice of milk.
 Second visit, all food items are À la carte price.
 Student Lunch: \$2.50
 Adult / Visitor Lunch \$3.50/\$3.75
Menus subject to change
 Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 13-17 Sept. 24-28 Nov. 5-9 Dec. 17-21 Jan. 28-Feb.1 Mar. 11-15 Apr. 22-26	Chicken Fajitas Charro Beans Seasoned Corn Salsa Sliced Seasonal Fruit Milk Variety	Meatball Sub Sandwich Potato Rounds Fresh Veggie Cup Mixed Fruit Milk Variety	Chicken Nuggets Mac and Cheese Savory Green Beans Garden Salad Apple Slices Milk Variety	Pizza Choice Seasoned Corn Red Pepper Strips or Tiny Tomato cup Ice Dogs Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Cucumber Slices Baby Carrots Cinnamon Applesauce Cookie Milk Variety
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 20-24 Oct. 1-5 Nov. 12-16 Dec. 24-28 Feb. 4-8 Mar. 18-22 Apr. 29-May.3	Steak Fingers Gravy Mashed Potatoes Carrot Coins Roll Strawberries Milk Variety	Spaghetti Bowl Breadsticks Garden Salad California Blend Veg. Fruit Cup Chocolate/Vanilla Pudding Milk Variety	Texas Chili Honey Corn Biscuits Celery Sticks Carrot Sticks Orange Smiles Brownie Milk Variety	Chicken Quesadilla Spanish Rice Mexicali Corn Refried Beans Salsa Peaches Milk Variety	Popcorn Chicken Roll Broccoli Bites Oven Fries Fresh Seasonal Fruit Milk Variety
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 27-31 Oct. 8-12 Nov. 19-23 Dec.31- Jan.4 Feb. 11-15 Mar. 25-29 Apr. 9-13 May. 6-10	Pizza Choice Baby Carrots Seasoned Corn Fresh Grapes Cookie Milk Variety	Frito Pie Fresh Veggie Cup Charro Beans Salsa Apple Milk Variety	Chicken Nuggets Mashed Potatoes Garden Salad Tuscan Vegetables Roll Pears Milk Variety	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Baby Carrots Orange Smiles Milk Variety	BBQ Riblet Sandwich Cold Salat Multi Grain Chips Savory Green Beans Chilled Pineapple Milk Variety
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 3-7 Oct. 15-19 Nov. 26-30 Jan. 7-11 Feb. 18-22 Apr. 1-5 May. 13-17	Oven Roasted Chicken Broccoli Bites Roll Baked Beans Apple Milk Variety	Nachos Grande Refried Beans Salsa Tiny Tomato Cup Cucumber Slices Peaches Cookie Milk Variety	Chicken Sandwich Oven Fries Fresh Veggie Cup Mandarin Oranges Milk Variety	Salisbury Steak Roasted Potato Garden Salad Fruity Gelatin Milk Variety	Pizza Baby Carrots Corn Fresh Seasonal Fruit Brownie Milk Variety
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 10-14 Oct. 22-26 Dec. 3-7 Jan. 14-18 Feb. 25- Mar.1 Apr. 8-12 May. 20-24	Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberry Cup Milk Variety	Meat & Cheese Chalupas Spanish Rice Salsa Zesty Cucumbers Refried Beans Applesauce Milk Variety	Chicken Tenders Honey Corn Biscuit Gravy Broccoli Sweet Potato Fries Mixed Fruit Crispy Cereal Treat Milk Variety	Chicken Spaghetti Breadsticks Garden Salad Carrots Apple Slices Milk Variety	Fish Mac and Cheese Coleslaw Savory Green Beans Orange Smiles Graham Crackers Milk Variety
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 17-21 Oct. 29-Nov. 2 Dec. 10-14 Jan. 21-25 Mar. 4-8 Apr.15-19	Texas Basket Fresh Veggie Cup Mixed Fruit Milk Variety	Tex-Mex Stack Charro Beans Salsa Tiny Tomato Cup Cinnamon Applesauce Milk Variety	Chicken Alfredo Breadsticks Tuscan Vegetables Garden Salad Peaches Cookie Milk Variety	Country Pot Pie Broccoli Bites Fresh Veggie Cup Snowball Salad Milk Variety	Trojan Bowl Roll Savory Green Beans Apple Slices Milk Variety

Extra Entrée: \$2.00 Extra Vegetable: .50 Extra Juice: .50 Extra Fruit: .50 Extra Milk: .50

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This institution is an equal opportunity provider.



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