



Trinidad Child Nutrition Services
 School Year 2018-2019
 Breakfast Menu
 Offer vs. Serve

Breakfast Menu
 Every meal includes one choice of Milk
 For Breakfast to qualify as a reimbursable meal choose at least 3 of the 5 food items offered; one MUST be at least a ½ cup fruit.
 Additional Student Breakfast: \$1.50 Staff/ \$2.00 Visit \$2.25
Menus subject to change.
 Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 13-17 Sept. 24-28 Nov. 5-9 Dec. 17-21 Jan. 28-Feb.1 Mar. 11-15 Apr.22-26	Breakfast Pizza 100% Fruit Juice Fresh Fruit Variety of Milk	Breakfast Bar Cereal 100% Fruit Juice Fresh Fruit Variety of Milk	Biscuit Scrambled Eggs Bacon 100% Fruit Juice Fresh Fruit Variety of Milk	Pancake Wrap Yogurt 100% Fruit Juice Fresh Fruit Variety of Milk	Sausage Biscuit 100% Fruit Juice Fruit Variety of Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 20-24 Oct. 1-5 Nov. 12-16 Dec. 24-28 Feb. 4-8 Mar. 18-22 Apr. 29- May.3	Pancakes Sausage 100% Fruit Juice Fresh Fruit Variety of Milk	Cheesy Toast Cereal 100% Fruit Juice Fresh Fruit Variety of Milk	French Toast Bacon 100% Fruit Juice Fresh Fruit Variety of Milk	Toast Ceareal 100% Fruit Juice Fresh Fruit Variety of Milk	Sausage Biscuit 100% Fruit Juice Fresh Fruit Variety of Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 27-31 Oct. 8-12 Nov. 19-23 Dec. 31- Jan.4 Feb. 11-15 Mar. 25-29 Apr. 9-13 May 6-10	Sausage Kolache Yogurt 100% Fruit Juice Fresh Fruit Variety of Milk	Cheese Omelet Biscuit 100% Fruit Juice Fresh Fruit Variety of Milk	Waffles Sausage 100% Fruit Juice Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice Fresh Fruit Variety of Milk	Biscuit Sausage 100% Fruit Juice Fresh Fruit Variety of Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 3-7 Oct. 15-19 Nov. 26-30 Jan. 7-11 Feb. 18-22 Apr. 1-5 May.13-17	Pancakes Sausage 100% Fruit Juice Fresh Fruit Variety of Milk	Breakfast Burrito Hash Browns 100% Fruit Juice Fresh Fruit Variety of Milk	Scrambled Eggs Biscuit Bacon 100% Fruit Juice Fresh Fruit Variety of Milk	Sausage Kolache Cereal 100% Fruit Juice Fresh Fruit Variety of Milk	Biscuit Sausage 100% Fruit Juice Fresh Fruit Variety of Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 10-14 Oct. 22-26 Dec. 3-7 Jan. 14-18 Feb. 25- Mar.1 Apr. 8-12 May. 20-24	Waffles Bacon 100% Fruit Juice Fresh Fruit Variety of Milk	Cheesy Biscuit Sausage 100% Fruit Juice Fresh Fruit Variety of Milk	Breakfast Pizza 100% Fruit Juice Fresh Fruit Variety of Milk	Sausage, Egg & Cheese Sandwich 100% Fruit Juice Fresh Fruit Variety of Milk	Biscuit Sausage 100% Fruit Juice Fresh Fruit Variety of Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 17-21 Oct. 29-Nov.2 Dec. 10-14 Jan. 21-25 Mar. 4-8 Apr. 15-19	French Toast Cereal 100% Fruit Juice Fresh Fruit Variety of Milk	Breakfast Burrito 100% Fruit Juice Fresh Fruit Variety of Milk	Breakfast Bar Cereal 100% Fruit Juice Fresh Fruit Variety of Milk	Pancakes Cereal 100% Fruit Juice Fresh Fruit Variety of Milk	Sausage Biscuit 100% Fruit Juice Fresh Fruit Variety of Milk

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